

2021 **Annual Report**

Community Health Centers of
Southern Iowa

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Letter to Our Community

Dear Friends and Supporters,

What challenging times we are living in! Not surprisingly, responding to the COVID-19 pandemic continued to be our primary focus during the past year. Our response truly has been a collaborative effort with many partners throughout our service area.

At CHCSI, we quickly adapted to working in a new environment to ensure our patients continued to have access to services in a safe setting. This effort included virtual visits, increased utilization of our mental health hotlines, and in-person service at our clinics when necessary. We also provided drive-thru COVID testing and in late December 2020, we began offering the Moderna vaccine to staff, patients, and others in the community. We will be utilizing the American Rescue Plan Act funds received to ensure our organization is well equipped to always provide the most comprehensive services to our patients at all times, to include during current and future public health emergencies.

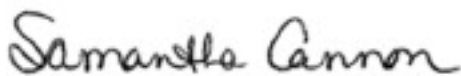
In June 2020, I was honored to be invited to represent the state's Federally Qualified Health Centers (FQHCs) on Governor Kim Reynold's Public Health and Healthcare Work Group of the Economy Recovery Advisory Board. My participation on the work group helps ensure that FQHCs and rural communities have a voice in shaping COVID recovery efforts, assessing pandemic response and preparedness, and ensuring rural Iowans have access to primary and specialty care, while also bringing attention to social determinants of health and developing strategies to impact outcomes.

Beyond responding to the COVID crisis, our health center continued to expand services to increase access to care throughout the service area. Among the highlights of the last year:

- We opened a new behavioral health site in Knoxville, Iowa, on May 3, 2021 - our 11th site!
- Internal medicine services were introduced in the Leon and Lamoni sites with the addition of Dr. Narasimha "Sim" Palagummi in September 2020.
- Colorectal cancer screenings were boosted by partnering with the Iowa Department of Public Health's grant from the Centers for Disease Control and Prevention.
- Our text/call reminder app was initiated in December 2020.
- We received a \$100,000 grant from HRSA in September 2020 to purchase generators for our clinics in Leon and Osceola.

We were also pleased to welcome several members of Congress at our clinics this year, including Senator Charles Grassley, Senator Joni Ernst, and Representative Mariannette Miller-Meeks, who even helped administer COVID vaccinations!

On behalf of our staff and board of directors, I extend my sincerest thanks to our patients and partners for continuing to make our health center a success. Working together, CHCSI will continue to be here for you, your family, and your community for many years to come.



Samantha Cannon, Chief Executive Officer

Our Leadership

Leadership Team



Samantha Cannon
Chief Executive Officer



Janeen Eddy
Director of Quality and
Efficiency



Kiley Schreck
Chief Financial Officer



Andi Masters
Chief Clinical Officer



Cody Cooper
Human Resources Director

Board of Directors

Shirley Kessel, Board Chair
Linda Baynes, Vice Chair
Dr. William Morain, Secretary
Justin Akers, Treasurer
Dien Judge, At-Large Member

Alan Dykens
Jonathan Erb
Michelle Leonard
Marvin McCann
Alan Wilson

Serving Our Community

In 2020, CHCSI served 9,009 patients through 47,244 visits as detailed below.

22,046 Medical
359 Virtual Visits

3,707 Dental

1,937 Substance
Use Disorder
93 Virtual Visits

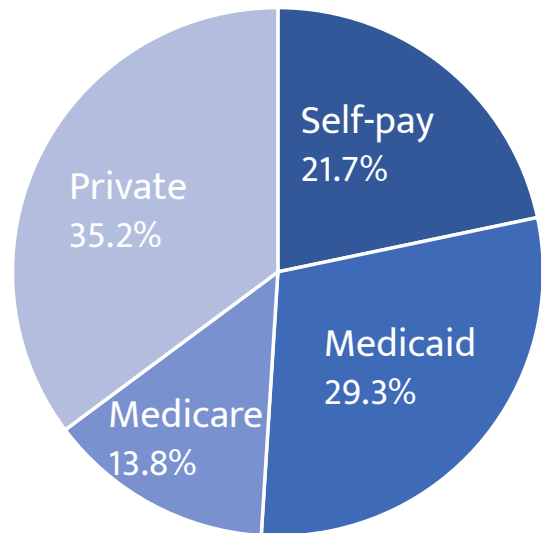
18,282 Mental Health
5,889 Virtual Visits

924 Enabling

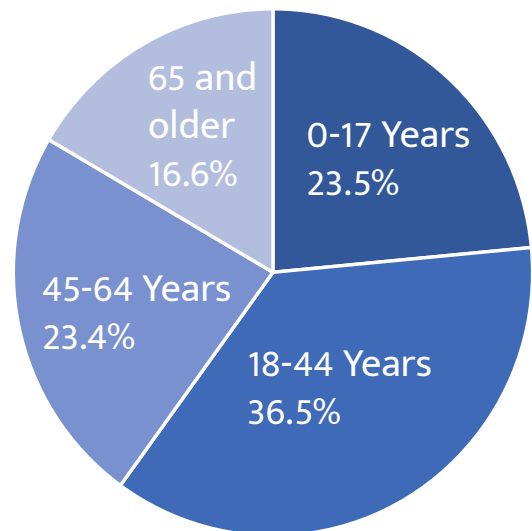
237 Dietitian

111 Vision

Payor Mix



Patient Ages



Community Partnerships

CHCSI relies on numerous collaborations with hospitals, specialists, social services, education, local government, and businesses to provide a full continuum of health and supportive services for our patients. These ongoing relationships allow us and our partners to leverage limited resources to meet the needs of the community.

CHCSI cultivates relationships with local partners to ensure our patients have access to a full range of health and supportive services. We believe that collaborations with hospitals, social services, schools, local government, and businesses are vital to the overall well-being of our patients and help to sustain a vibrant, healthy community.

Healthcare Courtesy Van

CHCSI continues to partner with Decatur County Hospital (DCH) and Decatur County Public Health (DCPH) to provide free transportation for patients who reside in Decatur County. The courtesy van transports patients between their homes and healthcare appointments at CHCSI's Lamoni and Leon locations, DCH, and DCPH.

Student Physicals

Each year, CHCSI collaborates with Decatur County schools to provide physicals for students.

Kids First

CHCSI CEO Samantha Cannon serves on the Kids First Community Board, which provides funding and support for early childhood and school providers in several counties that CHCSI serves.

Sponsorships

CHCSI sponsors sports teams, school events, and community events throughout our service area.

Donations

CHCSI and our staff members make numerous contributions throughout the year to our local food pantries and schools. Our organization has also supported several community fundraisers, including those for Lucas County Child Abuse Prevention Council.

Student Scholarships

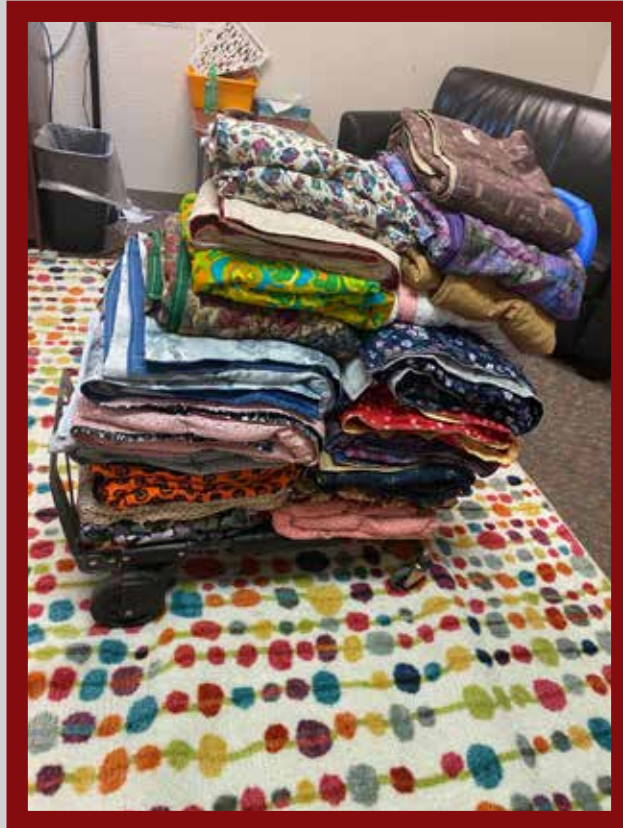
CHCSI supports a scholarship program for high school seniors. One student in each of the eleven counties in our service area is eligible to receive a \$1,000 scholarship. Students are selected based on extra-curricular activities, academics, and need, and must also be pursuing a health-related career.

Decatur County Board of Health

Dr. Nathan Allen serves on the Decatur County Board of Health. CHCSI is also represented on the Decatur Advisory Board.

Special Thanks

Cindy Theil and The Blanket Making Group made and donated 50 weighted blankets to utilize for behavioral health needs. They intend to donate more in 2021!



A very big thank you to **Freedom Racing Tool and Auto, LLC** for donating masks! We appreciate your commitment to our community!

Improving Patient Health

100% of pregnant patients had a prenatal visit during the first trimester

95% of patients who are tobacco users received counseling to quit tobacco use

85% of adults with hypertension have their blood pressure under control

67% of adults are prescribed a statin or are on statin therapy

79% of adults with ischemic vascular disease received aspirin or antithrombotic therapy



2020 Highlights

COVID-19 Pandemic Response

At the onset of the Covid-19 pandemic in early 2020, CHCSI staff acted quickly to ensure patients continued to have access to services in a safe environment. In addition to rapid COVID testing, our staff provided medical and behavioral health services via telehealth. We also added carports at our Leon and Lamoni sites to provide car-side medical visits.



Coordination and collaboration with other area providers was, and continues to be, essential in our response to this public health emergency. At the height of the pandemic, we collaborated with County Rural Offices of Social Services (CROSS) to provide free mental health and wellness coaching, and as vaccines became available in late 2020, we partnered with Decatur County Public Health and Decatur County Hospital to offer a COVID vaccine clinic open to all in the community.

CHCSI also contributed to the statewide recovery effort as our CEO, Samantha Cannon, was selected to represent the state's Federally Qualified Health Centers (FQHCs) on Governor Kim Reynolds' Public Health and Healthcare Work Group of the Economic Recovery Advisory Board. Samantha's participation ensured that FQHCs and rural communities had a voice in shaping COVID recovery efforts, assessing pandemic response and preparedness, and guaranteeing rural Iowans have access to primary and specialty care.

Sites and Services Expansions

Over the past year, CHCSI continued to respond to the needs of the communities we serve by expanding services and locations. These expansions included:

- Opened a new behavioral health site in Knoxville, Iowa (Marion County), on May 3, 2021, bringing us to a total of 11 sites. Services in Knoxville include individual and family therapy, psychiatric and psychological evaluation, telemedicine medication management, and substance use treatment. This site also serves as the home base for mobile response services for the Access Center in Marion County.
- Expanded 3D mammography services at Leon from two to five days a week.
- Initiated a text/call app in December 2020 to remind patients of upcoming appointments.
- Added internal medical services at the Leon and Lamoni clinics in September 2020.
- Expanded our Access Center Mobile Response services by adding two new vehicles with grant funding from County Rural Offices of Social Services (CROSS regions).
- Held our first drive-up flu clinic in October 2020.



2020 Highlights Continued...

Visits by Members of Congress

We welcomed three members of the Iowa Congressional Delegation to our health center this year - Senator Charles Grassley, Senator Joni Ernst, and Representative Mariannette Miller-Meeks.

Senator Charles Grassley and Senator Joni Ernst both toured the Access Center in Osceola - Senator Grassley in July 2020 and Senator Ernst in August 2020. These visits highlighted the services that the new Access Center provides for southern Iowa and how CHCSI has responded to COVID.



Representative Miller-Meeks visited a COVID vaccine clinic co-sponsored by CHCSI in April 2021, and even joined staff in giving COVID Vaccinations!



Health Awareness Activities and Events

Despite the COVID pandemic, we hosted numerous activities throughout the year to recognize and raise awareness of various health issues and to bring attention to the services CHCSI provides.

National Health Center Week

The week of August 9-15, 2020, CHCSI joined health centers across the country in the annual celebration to raise awareness about the mission and accomplishments of America's health centers. We are pleased to welcome Iowa State Senator Amy Sinclair and Iowa State Representative Joel Fry, as well as representatives of US Senators Joni Ernst and Charles Grassley at our events.



Wear Red Day

On February 5, 2021, staff wore red to raise awareness of heart disease.



Wear Blue Day

Staff raised awareness of colorectal cancer by wearing blue on April 1, 2021.



Mental Health Awareness

On May 18, 2021, CHCSI co-sponsored a Glow Walk on the Leon Little River Trail Fair Ground.



Our Services and Providers

Medical

CHCSI is as a medical home and an accredited Level 3 Patient-Centered Medical Home that provides primary and preventive health care, including:

- Screenings - cancer, communicable disease, cholesterol and lead
- Diagnostic lab and radiology
- Voluntary family planning
- Immunizations
- Wellchild services
- Gynecological care
- Obstetrical care by referral
- Care coordination
- Chronic care management
- Tobacco cessation
- 3D mammography
- Hormone replacement therapy
- Sports medicine
- Pharmaceutical services
- Case management
- Health education
- Diabetic education
- Foot clinic
- Weight management consultation
- DOT physicals



Larry Richard, MD
Medical Director



Nathan Allen, DO



Mark Easter, DO



Carol Graves, FNP



Terrilee Jackel, ARNP



Narasimha
Palagummi, MD



Andrew Sullivan,
PA-C



Eugene Yoder,
ARNP

Dental

CHCSI provides comprehensive dental services, including:

- Cleanings
- Sealants
- Radiographs
- Extractions
- Restorations
- Root canals
- Crowns



Patricia Elmer, RDH
Dental Department
Director



Jacob Hopper, DDS



Randal Sinnard, DDS



Jessica Stark, DDS

Pharmacy

Pharmacy services are provided in-house in the Leon office. We continue to offer delivery and mail order services, as well as 340B pricing.



Adam Dosch, Pharm D.,
Pharmacy Director



Ryan Banks, Pharm D.

Vision

Services include:

- Complete eye exams, including frames and lenses
- Pre-operative evaluations (cataract referrals)
- Post-operative exams

Behavioral Health

CHCSI provides a wide range of behavioral health services, including:

- Individual and family therapy
- Parent/child interaction therapy
- Preventative and holistic healthcare
- Psychiatric and psychological evaluations
- DOT substance abuse evaluations
- Substance abuse and outpatient treatment
- Telemedicine
- Medication Management



Danielle O'Brien-Day,
LMHC, CRC
Behavior Health Director



Matthew Dzak,
Psy.D, LMHC, LPC
Assistant Behavior Health Director



Dennis Hartman,
CADAC, Substance Abuse
Program Director



Rebecca DeVine,
PMHNP, DNP, Psychiatric
Program Manager



Deborah Anderson,
RN, LMSW, IADC, SAP



James Brooks, MD



Kevin Comer, LMSW



Evelyn Conrad, LISW



Courtney Cook, MO,
CRC, LMHC



Beatriz Danzler, LMFT



Roshan Dasari, MD,
MPH



Richard Davenport,
LMHC, LMSW



Jenifer Grissom, FNP,
ARNP, PMHNP



Krista Johnson,
PMHNP-BC



Chelsey Joiner, CADC



Hiedi Lane, ARNP,
FNP-BC, PMHNP-BC



Regina Lassabe, LMHC



Tyler Patterson,
LISW



Daniell Peterson,
CADC



Rachel Pobanz, Psy. D



Caysi Porter, LISW



Jennifer Spoerl, ARNP,
FNP-BCPMHNP



Stacy Tallman, LMSW



Jeanne Winslow, MSE,
LMHC, RPT



John Young, MS,
LMHC, RPT

Financial Position

As of November 30, 2020

ASSETS

Current Assets	\$3,169,731
Investment in Joint Venture	\$321,797
Property and Equipment Net	\$6,615,619
TOTAL ASSETS	\$10,107,147

LIABILITIES

Short Term Liabilities	\$1,846,820
Long Term Liabilities	\$224,156
TOTAL LIABILITIES	\$2,070,976

NET ASSETS

Unrestricted	\$7,955,116
Temporarily Restricted	\$81,055
TOTAL NET ASSETS	\$8,036,171

TOTAL LIABILITIES and NET ASSETS	\$10,107,147
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REVENUE AND OTHER SUPPORT

Patient Service Revenue	\$8,477,415
Pharmacy Income	\$443,139
Total Grants	\$6,517,833
Contributions	\$3,199
Other Income	\$25,241
Net Assets Released from Restriction	\$77,388
TOTAL REVENUE	\$15,544,215

EXPENSES

Health Care Services	\$10,750,065
General and Administrative	\$2,778,278
TOTAL EXPENSES	\$13,528,343

Change in Net Assets	\$2,015,872
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Iowa

Albia - Monroe County

117 S. Main Street, Albia, Iowa 52531
Services: Behavioral

Centerville - Appanoose County

221 E. State Street, Centerville, Iowa 52544
Services: Behavioral

Chariton - Lucas County

1711 Osceola Avenue, Chariton, Iowa 50049
Services: Behavioral

Corydon - Wayne County

102-104 N. Franklin Street, Corydon, Iowa 50060
Services: Behavioral

Knoxville - Marion County

1504 N. Lincoln Street, Knoxville, Iowa 50138
Services: Behavioral

Lamoni - Decatur County

802 E. Ackerly Street, Lamoni, Iowa 50140
Services: Medical, Behavioral

Leon - Decatur County

302 NE 14th Street, Leon, Iowa 50144
Services: Medical, Behavioral, Dental, Vision,
Pharmacy, Mammography

Mount Ayr - Ringgold County

119 S. Fillmore Street, Mount Ayr, Iowa 50854
Services: Behavioral

Osceola - Clarke County

219 W. Washington Street, Osceola, Iowa 50213
Services: Outpatient, Subacute, Crisis Stabiliza-
tion, Peer Support,

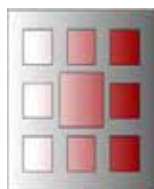
Missouri

Bethany - Harrison County

Harrison County Community Hospital
2600 Miller Street, Bethany, Missouri 64424
Services: Behavioral

Princeton - Mercer County

606 W. Main, Princeton, Missouri 64673
Services: Behavioral



*Community Health Centers
of Southern Iowa*

an iowahealth⁺center